

## NURSE ASSISTANT TRAINING PROGRAM SKILLS CHECK LIST

Student name	Enroll date	Social security number	
Training program	Completion date	Clinical site name	
Instructor's name	Title		Initials
Signature			

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*U = Unsatisfactory*

NURSE ASSISTANT TRAINING PROGRAM SKILLS DEMONSTRATED	S/U	Comments	Date Performed	Licensed Nurse Initials
<b>Module 6, Medical and Surgical Asepsis (8 Hours Clinical)</b>				
1. Hand washing				
2. Proper handling of linen				
3. Universal precautions				
▮ Gloving				
▮ Gowning				
▮ Apply mask				
4. Double bagging trash/waste				
<b>Module 5, Body Mechanics (4 Hours Clinical)</b>				
1. Use of gait belt				
2. Helping the helpless resident up to the head of the bed with two assistants				
3. Turning and positioning the resident				
▮ Supine				
▮ Side-lying				
▮ Use of lift sheet				
4. Assisting transfer from bed to chair or wheelchair				
5. Assisting transfer from chair or wheelchair to bed				
6. Mechanical lift				
<b>Module 2, Resident's Rights (1 Hour Clinical)</b>				
1. Knocks on door before entering				
2. Pulls privacy curtains during personal care				
3. Keeps resident information confidential				
4. Treats resident with respect and dignity				
5. Encourages resident to make choices				
6. Explains procedure to resident				

NURSE ASSISTANT TRAINING PROGRAM SKILLS DEMONSTRATED	S/U	Comments	Date Performed	Licensed Nurse Initials
<b>Module 14, Rehabilitative/Restorative Care (4 Hours Clinical)</b>				
1. Range of motion exercises				
2. Assisting the resident to ambulate with gait belt				
3. Assisting the resident to ambulate with walker				
4. Assisting the resident to ambulate with cane				
5. Rehabilitative devices		Type:		
<b>Modules 4/12, Emergency Procedures and Prevention of Catastrophe (2 Hours Clinical)</b>				
1. Applying postural supports (safety devices)				
2. Applying soft wrist/ankle restraint as safety device				
3. Heimlich maneuver for the conscious resident				
4. Heimlich maneuver for the unconscious resident				
5. Positioning of call light				
6. Demonstrates fire/disaster procedures				
7. Handles O <sub>2</sub> safely				
8. Use of fire extinguisher				
<b>Module 8, Patient Care Skills (44 Hours Clinical)</b>				
1. Back rub				
2. Bed bath/partial bath				
3. Tub bath				
4. Shower				
5. Assisting with oral hygiene				
6. Mouth care of the unconscious resident				
7. Denture care				
8. Nail care				
9. Combing the resident's hair				
10. Shampoo of bedridden resident				
11. Shampoo with shower or tub bath				
12. Medicinal shampoo				
13. Shaving—electrical shaver				
14. Shaving—razor blade				
15. Dressing and undressing the resident				
16. Changing the clothes of resident with IV				
17. Assist in the use of urinal				
18. Assist in the use of the bedpan				
19. Assisting resident to commode/toilet				
20. Bladder retraining				
21. Bowel retraining				
22. Perineal care				
23. Artificial limbs				
24. Splints				
25. Applying a behind-the-ear hearing aid				
26. Removing a behind-the-ear hearing aid				

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27. Removing, cleaning, and reinserting an artificial eye				
<b>Module 10, Vital Signs (6 Hours Clinical)</b>				
Measure and Record Vital Signs				
1. Temperature				
■ Oral				
■ Axillary				
■ Rectal				
■ Electronic				
2. Pulse: radial				
Pulse: apical				
3. Respiration				
4. Blood pressure				
<b>Module 9, Resident Care Procedures (20 Hours Clinical)</b>				
1. Collect and identify specimen				
■ Sputum specimen				
■ Urine specimen: clean catch				
■ Urine specimen: routine UA				
■ Stool specimen				
2. Occupied bed making				
3. Unoccupied bed making				
4. Administering the commercially prepared cleansing enema				
5. Administering enemas—tap water, soap suds				
6. Administering laxative suppository				
7. Empty urinary bags				
8. Care of resident with tubing				
■ Oxygen				
■ IV				
■ Gastrostomy				
■ Nasogastric				
■ Urinary catheter				
9. Antiembolic hose, elastic stockings (TED Hose)				
10. Admitting the resident				
11. Transferring the resident				
12. Discharging the resident				
13. Application of nonsterile dressing				
14. Application of nonlegend topical ointments				
<b>Module 7, Weights and Measures (1 Hour Clinical)</b>				
1. Measuring oral intake				
2. Measuring urinary output				
3. Measuring the height of resident in bed				
4. Weighing the resident in bed				
5. Measuring and weighing the resident using an upright scale				

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