Careers in Mental Health and Human Services

Careers in mental health and human services offer a range of specializations in a variety of work environments. There are opportunities to work with all ages from children to older adults, either in groups or individually.

Individuals considering careers in the mental health or the human services field should be empathetic listeners, patient, compassionate, observant with good communication skills and motivated to support others. Those with lived experiences as a consumer, or family member of a consumer receiving mental health services are encouraged to apply for these programs.

The California Community Colleges offer training programs for entry-level positions in the human services and mental health fields. The programs range from associate degree programs to certificate programs. Some colleges offer non-credit training through their continuing education programs.

Depending on career goals, there are a variety of pathways for these careers, so it is advised to speak with an academic counselor. Financial aid information is also available at each college. For salary and labor market information, please visit the State of California Employment Development Department website at: www.labormarketinfo.edd.ca.gov



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Pathways to CSUs and UCs

(There are additional pathways, it is important to speak with an academic counselor)

Social Welfare B.A.

Major Name on Campus

Human Development B.S.

UC Campus Berkeley Davis

CSU Campus Chico

Dominguez Hills

Fresno Fullerton

Humboldt Long Beach

Los Angeles

Monterey Bay Pomona Sacramento

San Bernardin

San Dieg

San Francisco San Jos

Sonom Stanislau

| npus | Major Name on Campus | |
|-------|--|--|
| hico | Social Work B.A. *DL OPTION | |
| Hills | Health Science B.S. with | |
| | Community Health Option | |
| | Human Services B.A. | |
| | Human Services B.A. with | |
| | Mental Health Recovery Option | |
| esno | Criminology B.S. with | |
| | Victimology Option | |
| | Health Science B.S. with | |
| | Community Health Option | |
| | Social Work B.A. | |
| erton | Human Services B.S. | |
| oldt | Social Work B.A. *DL OPTION | |
| each | Social Work B.A. | |
| each | Health Science B.S. | |
| geles | Health Science B.S. with | |
| Jeles | Option in Community Health | |
| | Social Work B.A. | |
| / Bay | Collaborative Health & Human Services | |
| nona | Sociology B.A. with Social Work Option | |
| ento | Health Science B.S. | |
| ento | Health Science B.S. Concentration | |
| | in Community Health | |
| | Social Work B.A. | |
| dino | Health Science (Public Health | |
| amo | Education Concentration) B.S. | |
| | Social Work B.A. | |
| iogo | Health Science B.S. with Emphasis | |
| iego | in Public Health | |
| | Social Work B.A. | |
| cisco | Social Work B.A. | |
| Jose | Health Science B.S., (Concentration in | |
| 0030 | Health Professions) | |
| | Social Work B.A. | |
| ioma | Sociology B.A. | |
| slaus | Sociology B.A. Sociology B.A. Concentration | |
| 51003 | in Drug and Alcohol Studies | |
| | Sociology B.A. Human Services | |
| | ecology bit a haman betwees | |

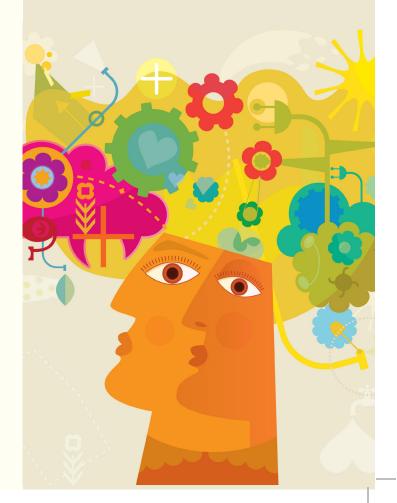
**DL OPTION:* Distributed Learning (DL) option offers a fully accredited hybrid online bachelor of arts degree in social work.

The California Community Colleges Allied Health Programs

Step Up to the Future with Careers in

Mental Health and Human Services

NORTH / FAR NORTH REGIONS



Alcohol and Controlled Substances

Drug and alcohol counselors provide addiction prevention services and treatment as entry-level drug and alcohol counselors or case managers. Their duties may include but are not limited to intake, assessment, treatment planning, individual and group counseling, case management, crisis intervention, client education and consultation with other professionals regarding client treatment and services. Positions may be available in outpatient or inpatient facilities, community health centers, community treatment programs, residential sites, and correctional facilities.

| AMERICAN RIVER | CHEMICAL DEPENDENCY STUDIES |
|-----------------------------|-----------------------------------|
| BUTTE | Addiction Studies |
| COLLEGE OF THE REDWOODS | Addiction Studies |
| COLLEGE OF THE SISKIYOUS | Alcohol & Drug Studies |
| LAKE TAHOE | Addiction Studies |
| LASSEN | Drug & Alcohol Paraprofessional |
| MENDOCINO | ALCOHOL & OTHER DRUG STUDIES |
| WOODLAND | CHEMICAL DEPENDENCY AWARENESS |
| | CHEMICAL DEPENDENCY COUNSELOR |
| YUBA | Alcohol and Controlled Substances |
| | CHEMICAL DEPENDENCY COUNSELOR |



www.assist.org - This website can assist you in exploring majors, transfer requirements and career pathways for California's public colleges and universities.

Psychiatric Technician

Psychiatric technicians work with people who have emotional or mental illness or those with developmental disabilities. They care for and interact with patients under the supervision of psychiatrists, psychologists, psychiatric registered nurses and therapists. Psychiatric technicians provide therapeutic services and lead them in their daily recreation, work and treatment activities. They observe patients and report any physical or behavioral changes to the professional staff. Psychiatric technicians can work in a variety of settings including inpatient or outpatient, community mental health agencies, board and care homes, crisis intervention centers, residential care facilities, correctional facilities and adolescent care centers.

YUBA PSYCHIATRIC TECHNICIAN





Human Services

The human services program is intended to prepare the student for an entry-level position in the human services field such as family services worker, mental health worker, life skills counselor, eligibility worker, community outreach worker and social services assistant. Human services programs offer a wide range of concentrations and can provide the skills necessary for entry-level positions in mental health, social services, substance abuse treatment and related fields.

| AMERICAN RIVER | HUMAN SERVICES |
|-----------------------------|---------------------------------|
| BUTTE | HUMAN SERVICES |
| COLLEGE OF THE SISKIYOUS | Alcohol & Drug/Human Services |
| COSUMNES RIVER | Human Services, General |
| FOLSOM LAKE | HUMAN SERVICES, GENERAL |
| LASSEN | Human Services |
| MENDOCINO | HUMAN SERVICE WORKER |
| | HUMAN SERVICES PARAPROFESSIONAL |
| SACRAMENTO CITY | Community Studies |
| | Community Studies |
| | (EMPHASIS ON DIRECT SERVICES) |
| | HUMAN SERVICES |
| WOODLAND | HUMAN SERVICES |
| YUBA | HUMAN SERVICES |
| | |

You may also be interested in the Family Studies programs offered at Shasta College.



www.ca-hwi.org - The Health Workforce Initiative provides a search by program or by college for the California Community Colleges' allied health programs.